FIGHTING BLINDNESS

AMD Peer Support Group

Our newest peer support group is for those living with Age-related Macular Degeneration (AMD).

AMD is the most common cause of sight loss in people over the age of fifty in Ireland. It is estimated that seven percent of Irish people over fifty years of age are living with AMD. Because of our ageing population, the number of people in Ireland affected by this condition is expected to increase.

Receiving a diagnosis can be overwhelming for anyone. You may have feelings of sadness, anger or anxiety relating to your situation and this can affect you and your family on a regular basis.

During these times, many people find it useful to talk through their feelings with someone outside their usual circle of family and friends, and often by meeting with others who have faced similar difficulties, vital support can be found.

Time: Third Tuesday of the month from 3 pm-4:30 pm

Location: Zoom (training on Zoom can be provided by Fighting Blindness in advance of joining).

If you think this may be of interest to you or someone you know, please contact us at 01 674 6496 or email us at: insightgroups@fightingblindness.ie

Please note that this is not formal group therapy.

Scan here to directly access the Support section of our website: www.FightingBlindness.ie